

# CHAMP Soccer

## Player Development

**By the end of the season, players should be able to:**

### **4 coed**

1. Move the ball in correct direction
2. Kick the ball properly
3. Understand "field of play" (sidelines & end lines)
4. Understand "no hands" playing

### **5 Coed**

1. Pass to teammates
2. Understand goal kicks, throw-ins & corner kicks
3. Perform a proper throw-in
4. Understand "no contact" playing

### **6 Coed**

1. Dribble the ball
2. Receive a pass (stop ball with sole of foot)
3. Understand indirect kicks
4. Understand "spacing"

### **7-8 Boys & Girls**

1. Juggle with feet & thighs
2. Communicate with teammates
3. Understand "square" passing
4. Head the ball (beginner level)
5. Give n' go
6. Perform a through pass
7. Know the basic rules of soccer

### **9-11 Boys & Girls**

1. Receive and control the ball with the chest
2. Complete a wall pass – a pass is directed to a teammate who bounces the pass back immediately, like a wall (extremely important pass in soccer)
3. Understand field positions (defenders, midfielders, and attackers)
4. Understand the "Principle of Play"

### **12-14 Coed/Girls**

1. Shoot & pass the ball with the head
2. Juggle the ball with the head
3. Complete a slide tackle
4. Understand goalkeeping
5. Understand the "Field of Play"