



## Men's Basketball Rules

Men's basketball is an outreach and discipleship ministry. Our league is designed to provide an opportunity to play recreational basketball in a setting where Christ is the focus and spiritual development is the goal. Behavior becoming of Christ-followers is expected.

### Players

- Ages 18+. Men must be 18 years of age by the start of the season.
- Games are 5v5.

### Time

- The time clock runs continuously except for last two minutes of the game. During the last two minutes of the game the time clock will stop when the ball is dead.
- The time clock stops for time-outs and injuries.
- There will be a 5-minute halftime.
- Overtime will last two minutes. Each team will have the ability to call one time-out during overtime. If, at the end of the overtime period, the score is still tied, the first team to score one (1) point shall be awarded the victory (sudden death).

### Fouls

- A player is disqualified upon committing 5 fouls of any kind (personal or technical). Technical fouls will result in two free throws and possession of the ball. A player receiving an unsportsmanlike technical foul will be ejected from the game.
- During free throws, players must wait for the ball to leave shooter's hands before entering the lane.

## **Other Rules**

- Games will have referees and a scorekeeper.
- First possession will be determined by a jump ball. Alternating possession follows thereafter. Each overtime period will begin with a jump ball.
- There are no shot clocks in the CHAMP league.
- Dunking is allowed, but please do not hang on the rim.

## **Forfeits**

- Please contact the CHAMP office if you know in advance your team will be forfeiting a game.
- If a team has below four players, the game is automatically forfeited. If both captains agree, games may still be played by adding players from the opposing team. If more players are needed, other players who are enrolled in the CHAMP Adult Basketball league may play. However, the game is still considered a forfeit. No spectators or non-registered people can play under any circumstance.
- Forfeits will be recorded as a 25-0 loss.

## **Conduct**

- The primary focus of CHAMP Sports Outreach is to honor and glorify our Lord Jesus. Therefore, any behavior that is not Christ-like will result in suspension and/or ejection from a game or the league. If a player is ejected, the team is allowed to replace that player during the game.
- Unsportsmanlike and inappropriate behavior may result in immediate suspension and affect future involvement in any CHAMP program.