

## **Adult Softball Health and Safety Protocols**

- 1) Face masks are recommended, but not required, especially when players or spectators "cannot maintain six (6) feet of social distancing from non-household members" (North Carolina Executive Order 209).
- 2) Team captains will perform temperature checks upon arrival for all players. \* This check in procedure is subject to change as health and safety guidelines change.
- 3) Personal hand sanitizer should be applied upon arrival and used frequently during activities.
- 4) Family units should socially distance six (6) feet from other family units.
- 5) Players should socially distance six (6) feet from other players in the dugout.
- 6) Please check yourself and members of your family for any signs of illness BEFORE arriving at any CHAMP event. If you or anyone in your household has a raised temperature of 100.4 or higher or any other illness symptoms, you should not attend any CHAMP events.
- 7) If you know or think you have been exposed to COVID-19 in the past two weeks, do NOT attend any CHAMP event until after a two-week quarantine period has been observed. Please contact Kelly Lamb.
- 8) For more information about prevention and safety regarding COVID-19, please visit <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>.